

# Soccer Rules Changes - 2022-23

By NFHS on March 03, 2022

## soccer

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**4-2-2:** The change clarifies that hair adornments, such as beads, may be worn in the hair if they are secured to the head and do not present a risk of injury to the player, teammates or opponents.

**Rationale:** Clarifies that hair adornments can be worn in the hair if they do not endanger other players as well as being more inclusive of participants' cultural and religious beliefs.

**7-1-3:** State association may adopt procedures to require the game be played in its entirety.

**Rationale:** This allows states that may require the game to be played in its entirety (for post-season or regular season seeding play), to do so without a conflict with the current rule.

**10-1-2f, 10-1-1, 10-1-3h (NEW):** Clarifies that a player cannot score by throwing the ball into the goal.

**Rationale:** Defined the outcomes on a goalkeeper's throw when throwing the ball directly or own goal.

**12-2, 11-1-1. 18-1-1s (NEW):** Clarifies the upper boundary of the arm is in line with the bottom of the armpit.

**Rationale:** Defines the arm for the purposes of determining handling and offside.

**14-1 Penalty:** Defines that an indirect free kick is awarded the defending team for an improper penalty kick.

**Rationale:** Penalizes the kicking team for not kicking the ball forward on penalty kick.

**17-1-2:** Defines proper distance for the opposing team from a corner kick restart.

**Rationale:** Clarifies the proper distance for the opposing team on a corner kick.

## 2022 Editorial Changes

4-1-1, 11-1-4b 2022

## Points of Emphasis

1. Strategic Time Wasting Techniques
2. Penalty Kick
3. Dissent
4. Sportsmanship